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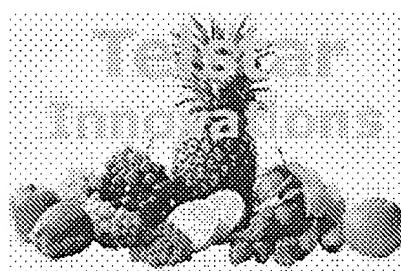
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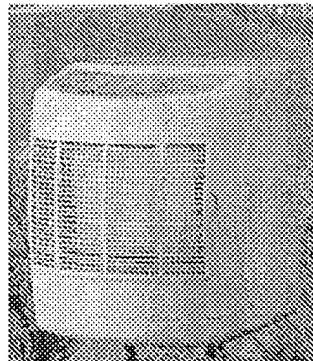
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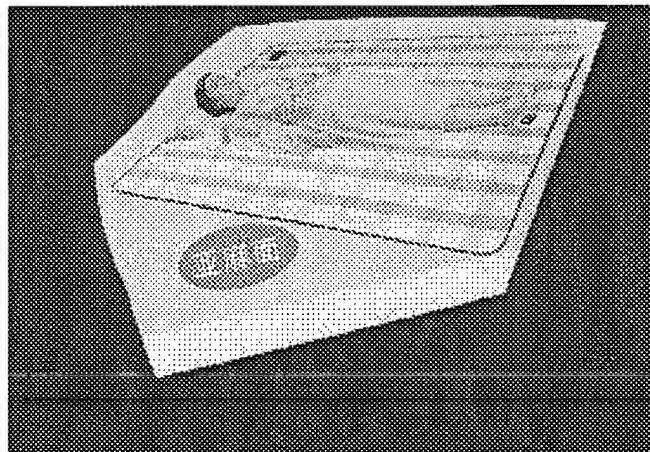


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Product:
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Description: Air Ionizer, generate Negative oxygen ion
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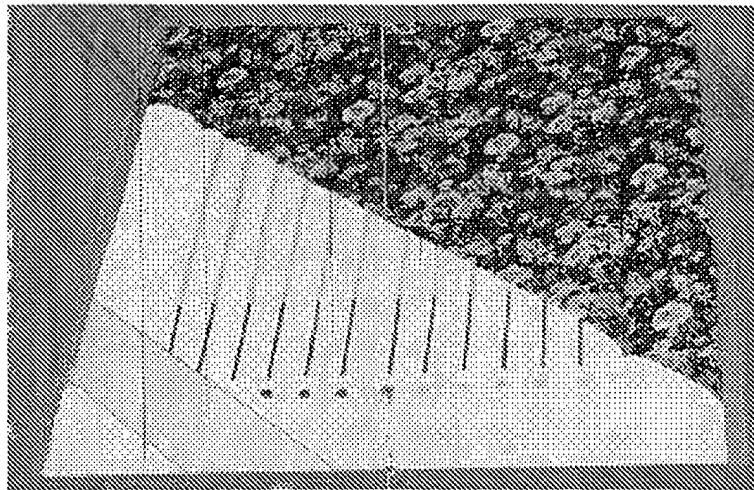


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Product: Soy Bean Milk Maker.
Description: make soy bean milk with soy bean
Price:
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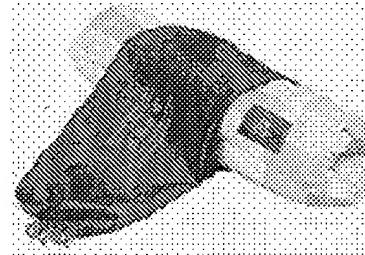


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Matress Pad
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Quilt ,single
Size
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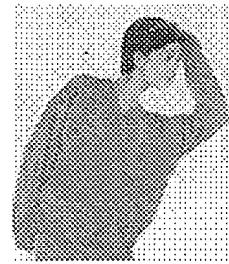


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magnetic
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size
Description:
Queen size
infrared
magnetic
quilt
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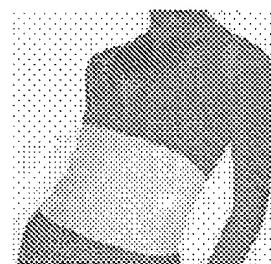
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Infra Red..
Magnetic
Pillow
Description:
Price:
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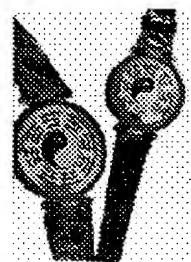
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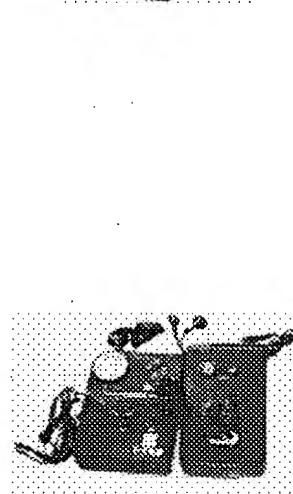
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Product:
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herb plaster
Description:
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for pain and
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Bracelet, a
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**Chinese Kung Fu**

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4. The Tune of *Gong* Earth
5. The Tune of *Shang* Metal
6. The Tune of *Yu* Water

Music Writer: Shi Feng

Consultant in TCM: Hao Wanshan

Advisor of Qigong: Li Yan

Player: The National Central Musical College

China's Traditional *Wuxing* Therapeutic Music

Recommended by Chinese Musical Therapeutic Association

According to traditional Chinese philosophy, man is the son of nature, and the changes in the activities of man's life and all things on the earth are interrelated, echoing and accompanying each other, thus the theory that "man is an integral part of nature." The sky spreads *Wuxing* (the five primary elements - wood, fire, earth, metal, and water), which gives birth to *Wuyin* (the five notes of traditional Chinese music - *Jue*, *Zhi*, *Gong*, *Shang*, and *Yu*, corresponding to 3, 5, 1, 2, and 6 in numbered musical notation respectively); the earth has *Wuji* (the five seasons of spring, summer, long summer, autumn, and winter), which corresponds to *Wuhua* (birth, growth, steadiness, restraint, and reserve); and man has *Wuzang* (the five internal organs - liver, heat, spleen, lungs, and kidney),

which controls *Wuzhi* (the five sentiments - anger, delight, thoughtfulness, anxiety, and fear). The changes in *Wuxing*, *Wuji* and *Wuhua* have a direct impact on the changes of all things on the earth and the changes in the state of vital energy and blood of man, leading to changes in man's feeling, mentality and health.

What Is Meant by Wuxing

The *Xing* here refers to movement, operation or change. *Wuxing* represents the five forms of the movement of *Yin Qi*, and *Yang Qi*, the terms for two opposite aspects of matters in nature, instead of five concrete substances or elements. In nature, the extension of the functional activities of spring is represented by the word of "wood", the rise of the functional activities of summer by the word of "fire", the steadiness of the functional activities of long summer by the word of "earth", the restraint characteristics of the functional activities of autumn by the word of "metal", and the reserve characteristics of the functional activities of winter by the word "water". It is just the five movements and changes of the *Yin Qi* and *Yang Qi* that bring into being all the things on the earth, the five seasons and the five life rhythms of plants - birth, growth, steadiness, restraint and reserve. Also because of the five movement forms of *Qi* (the vital energy of man according to traditional Chinese medicine), the *Wuzang* in the human body -the liver, heart, spleen, lungs and kidney corresponding to nature- produces the five emotional behavior of anger, delight, thoughtfulness, anxiety, and fear.

The Interpromotion of the Five Elements

The interpromotion of the five primary elements is in the order of wood, fire, earth, metal, and water. For instance, the spread of wood in spring creates conditions for the rise of fire in summer, which is expressed as "wood promoting fire", and restraint of metal in autumn makes preparations for the drop and hiding of water in winter, which is translated into "metal promoting water".

Creation: wood -> fire -> earth -> metal -> water -> wood

The Interrestraint of the Five Elements

The interrestraint of the five primary elements is in an alternate order. For example, the spread of wood can curb the excessive steadiness of earth, which is called "wood acting on earth"; and the dropping and hiding of water can hold back the over flaring-up of fire, which is known as "water acting on fire".

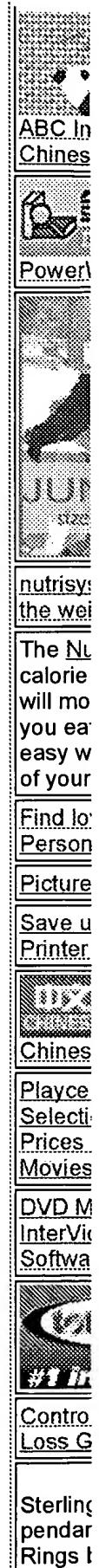
Control: wood -> earth -> water -> fire -> metal -> wood

The interpromotion of the five elements prevents a certain movement form of *Qi* from insufficiency, while the interrestraint will keep a certain movement form of *Qi* from excess.

The interpromotion and interrestraint of the five elements accompanying each other make the coordinated and stable functional activities of nature, organism and human body. As far as human body is concerned, the coordination and stability is the guarantee of healthiness, and the failure in them will provide loopholes for diseases.

Wuyin and *Wuxing*

There was an account of "treating diseases with *Wuyin*" in ancient China. According to *Huangdi Nei Jing*, the earliest medical classic extant in China which appeared in the period of 475-221 B.C. *Jue* represents the sound of wood, *Zhi* the sound of fire, *Gong* the sound of earth, *Shang* the sound of metal, and *Yu* the sound of water. This shows that *Wuyin* (*Jue*, *Zhi*, *Gong*, *Shang*, and *Yu*) corresponds to *Wuxing* (wood, fire, earth, metal and water) and is connected with *Wuzang* (liver, heart, spleen, lungs, and kidney) and *Wuzhi* (anger, delight, thoughtfulness, anxiety and fear). Music to the tune of *Jue*, which bears the nature of wood, prevents and treats the interior restraint of *Qi*; music to the tune of *Zhi*, which has the nature of fire, is favorable to preventing and treating the drop



of functional activities of *Qi*; music to the tune of *Gong*, with the nature of earth, can benefit the prevention and treatment of the disorder of *Qi*; music to the tune of *Shang*, which has the characteristics of metal, can prevent and treat the dissipation of *Qi*; and music to the tune of *Yu*, which is a reflection of water, is good to the prevention and treatment of the reverse of *Qi* and excessive flaring-up of internal heat. This is the why *Wuxing* music can affect the functional activities of *Qi* in human body, balance *Yin* and *Yang* (the two opposite aspects of matters in nature which are interrelated with each other), regulate *Qi* and blood, maintain operation of *Qi* and blood in human body in a state of dynamic equilibrium, keep human body in a healthy state.

The operation of *Yin Qi* and *Yang Qi* in nature and *Qi* and blood in human body can change with season and time. People will sustain a break in the equilibrium in the functional activities with the difference in sex, age and sentiment. These changes fall into medium and calm, excess and insufficient states. Corresponding to the changes in nature and the functional activities of *Qi*, *Wuxing* music is also divided into *Zhengdiao* (medium tune), *Taidiao* (semi-medium tune) and *Shaodiao* (slow tune).

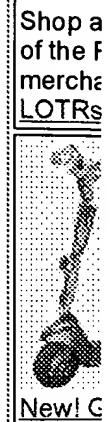
***Wuyin* Therapeutic Music**

The tune of *Jue*, representing the sound of spring, is mainly based on the sound of *Jue* (3-Mi in numbered music notation), belonging to wood, concerning birth and connected with the liver. It can help promote the rise, growth and extension of functional activities of *Qi* in human body, and has the functions of invigorating the liver and easing anger, nourishing *Yang* and the liver, heart and spleen, and removing fire from the kidney. When applied to *Qigong* exercise, it can promote the dredge of meridians and flow of *Qi* and blood through the meridians. When applied to mental work, it can help refresh the mind and keep a cool head, suitable for listening when sticking to work in tired-out state. When applied to sports activities, it can help increase excitability and improve the form of athlete, suitable for listening while making warming-up exercises. It can also be adopted to prevent and cure stagnation of the liver *Qi*, heart stuffiness, poor appetite and sexual desire, irregular menstruation and restlessness.

The tune of *Zhi*, representing the sound of summer, is mainly based on the sound of *Zhi* (5-So), belonging to fire, concerning growth and connected with the heart. It can help promote the rise of the functional activities of *Qi* and has the functions of nourishing *Yang*, the heart, spleen and lungs, and removing fire from the liver. When applied to *Qigong* exercise, it can help promote the operation of *Qi* and blood. When applied to mental work, it can help stimulate the spirit, improve efficiency and concentrate attention. When applied to sports activities, it can help inspire the morale and improve the form of athlete, suitable for listening at the late phase of warm-up exercises and during contest. It can also be used to prevent and cure deficiency of *Qi* and blood in the heart and spleen, prolapse of internal organs, fatigue and weakness, mental aberration, oppressed feeling in the Precordial region, shortness of breath, low spirit and coldness in the four limbs.

The tune of *Gong*, representing the sound of long summer, is mainly based on the sound of *Gong* (1-Do), belonging to earth, concerning steadiness and connected with the spleen. It can help promote the stability of the functional activities of human body and regulate the functional activities of the spleen and blood flow within the vessels, nourishing the spleen and strengthening the stomach, invigorating the lungs and kidney, and removing fire from the heart. When applied to *Qigong* exercise, it can calm down the functional activities and blood flow, and stimulate the vital essence and energy of man. When applied to mental work, it can help stabilize the mind, suitable for listening while sitting deep in thought. When applied to sports activities, it can help improve the psychological stability of athlete, suitable for events that need skills and beneficial to easing nervousness. It can also be adopted to treat weak spleen and stomach, nausea and vomiting, indigestion, magersucht and over tiredness, neurosis and shortness of breath due to deficiency of the lungs.

The tune of *Shang*, representing the sound of autumn, is mainly based on the sound of *Shang* (2-Re), belonging to metal, concerning restraint and connected with the lungs. It can help promote the restraint of the functional activities of human body and regulate those of the lungs. It is effective to nourishing *Yin*, the lungs, kidney and liver, as well as removing fire of deficiency type. When applied



to *Qigong* exercise, it can help save *Qi* and energy. When applied to mental work, it can help calm down the nerve and keep a clear mind, suitable for those who overtax their brain or are over excited. When applied to sports activities, it helps lower excitability, suitable for relaxing and removing tiredness after activities. It can also help treat insufficiency or weakness of the lung *Qi*, the deficiency of both *Qi* and blood, spontaneous perspiration and night sweat, coughing and shortness of breath, dysphoria, dizziness and failure in self-control of sorrow.

The tune of *Yu*, representing the sound winter, is mainly based on the sound of *Yu* (6-La), belonging to water, concerning reserve and connected with the kidney. It can help promote the drop of the functional activities of human body and has the functions of nourishing *Yin* and the kidney so that the essence and energy can be stored without being eliminated, as well as the functions of tonifying the liver and heart, and removing fire from the lungs. When applied to *Qigong* exercise, it can help store energy and stimulate the essence while helping the exercisers to concentrate their mind. When applied to mental work, it can help relieve muscular spasm and tranquilize the mind, suitable for those to listen who feel the *Qi* and blood ascending up to the brain, suffer from headache and slight fever and can hardly fall asleep. When applied to sports activities, it can help keep being excited and has a positive role in after-activity rest, removing tiredness, reducing the consumption of energy and recovering physical strength. It can also be used to treat the flaring-up of fire of deficiency type, vexation and restlessness, headache and insomnia, lassitude in loin and legs, poor sexual desire, impotence and premature ejaculation, and difficulty in micturition.

The Interrelation of the Five Elements

The relation between two adjacent forms of movement among the five elements is called a relation between "mother and son", namely, wood (the liver, *Jue*) is the son of water (the kidney, *Yu*), while it is the mother of fire (the heart, *Zhi*); fire is the son of wood but is the mother of earth (the spleen, *Gong*); earth is the son of fire but is the mother of metal (the lungs, *Shang*); metal is the son of fire but is the mother of water; and water is the son of metal but the mother of wood.

Among the five primary elements, every movement form of *Qi* is interrelated and inter-restrained with other forms of movement. Wood (the tune of *Jue*) to water means excretion, and to fire means reinforcement; fire (the tune of *Zhi*) to wood means excretion, and to earth means reinforcement; earth (the tune of *Gong*) to fire means excretion, and to metal means reinforcement; metal (the tune of *Shang*) to earth means excretion, to water means reinforcement; and water (the tune of *Yu*) to metal means excretion, and to wood means reinforcement.

Usage

The traditional Chinese medicine consider that the internal diseases can be divided into two types "deficiency" and "excess". In treatment, the common practice is to "reinforce the mother" or "excrete the son", that is, when there is a deficiency, it is a must to reinforce the mother; and when there comes an excess, it is imperative to excrete the son.

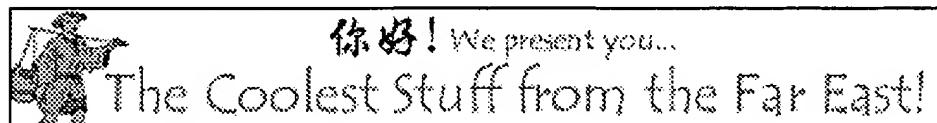
Because of the different main sound and the different sound waves and nature of waves arising from different melody and orchestration, the music in the five tunes has different effects on the internal organs and sentiments. For example, the music in the tune of *Shang* is regulative to the lungs, excretive to the spleen, tonic to the kidney and restraint to the liver. The music in other tunes has the same effects to corresponding internal organs.

The three series of the *Wuxing* music have their own particular focal points and aims. *Zhengdiao* focuses on regulation, *Taidiao* stresses excretion and *Shaodiao* emphasizes reinforcement.

In selecting the music in the five tunes, it is necessary to follow the law of the interpromotion and interrestraint of *Wuxing*, that is, to choose music for listening according to differentiation of season, time, person, symptoms and signs. The choice can also be made according to what is felt the most suitable and comfortable after listening, or based on one tune with others as supplement.

Wuxing music is the melody echoing the movement of nature and the call of Mother Nature to man and all things on the earth. It makes us relax, dissolved in nature and the lovely melody. Let us follow heart and sole the melody echoing the movement of *Wuxing* to greet the law of nature and the four seasons, return to the embrace of Mother Nature and enjoy to our heart's content the motherly love of nature.

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Reading Face with Physiognomy

In the physiognomy, we call what intend to predict the human character and destiny with its face a countenance or looks. In meeting someone firstly, we would say about his first looks. It shows that the physiognomy has been influenced to us Koreans. Originally the physiology was developed in China. According to the ancient report, its origin traces back to the Zhou Dynasty. But there had not been a systematic development in the physiology before two important books came out; one is Dalma-Sangbul written by Dalma, the Great Monk from India and the other is Maui-Sangbul of the priest Man of the Song Dynasty.

It is assumed that Chinese physiognomy was transmitted to Korean Peninsula by people who had studied in China in the Three Kingdoms Ages. The physiognomy was advanced throughout Koryo and Chosun Dynasty, and especially that in Buddhism was its main current. The famous physiognomists in Koryo were Doseon, Hyejing and Muhyak. They all were monks.

In Chosun Dynasty, the famous scholars such as So Kyung-duk, Lee Yul-gok as well as buddhist monks had deep knowledge of phrenology.

Especially, the phrenology was also an important point in treating the patients even in medical science book [Dong eu bo gam]of HEO JUN.

The phrenology is an astrology that judges a person focusing not only on the shape of one's face but also on the hand, foot, and the entire body. But the face is the most important thing.

The fundamental method of judging one's face is on the basis of "Yin-Yang O-Heng", which means the cosmic dual forces and the five p substance.

According to this, phrenology of one's face is divided into various features like "symmetry-oriented, Samjung-oriented, Kung-oriented, si oriented, O-Heng-oriented, etc." The map of face according to Kung-oriented method, for example, is as follows. Parent-Kung has the eye between man and woman, left for man and right for women.

Since the phrenology of China took the examples from the Chinese, it is different from that of Korea. For instance, Korean phrenology focuses on forehead. While Chinese on forehead. And that's the same at eyes, nose, ear and mouth.

The human figures in the paintings have the face of noble or dignity.

The noble face has a long and a little bright face.

The forehead is broad. Chin and the place between two eyebrows are thick.

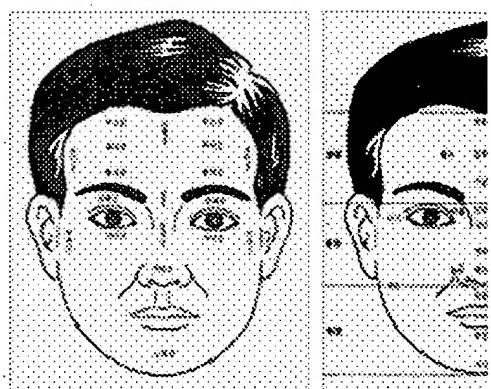
The dignified face is the face of military men with Majesty look. He has brilliant eyes, up-ended eyebrows, and strong-looking nose and chin. Measuring face with a ruler is one of the characteristics in Korean phrenology.

There is an episode about Han Myung Whas, a famous statesman under King Sejo, who was judged by taking measure of his face. So we can say that the phrenological method of that kind settled down before Chosun Dynasty.

Although phrenology came from China, Koreans have developed in their own way.

But today, a lot of Korean people don't like their natural faces. They want to make changes to their faces by the surgical operation. Especially styled face is thought of as the standard of beauty.

Therefore traditional phrenological interpretation has had no place to stand, instead, more people would rely on medical development for more western.

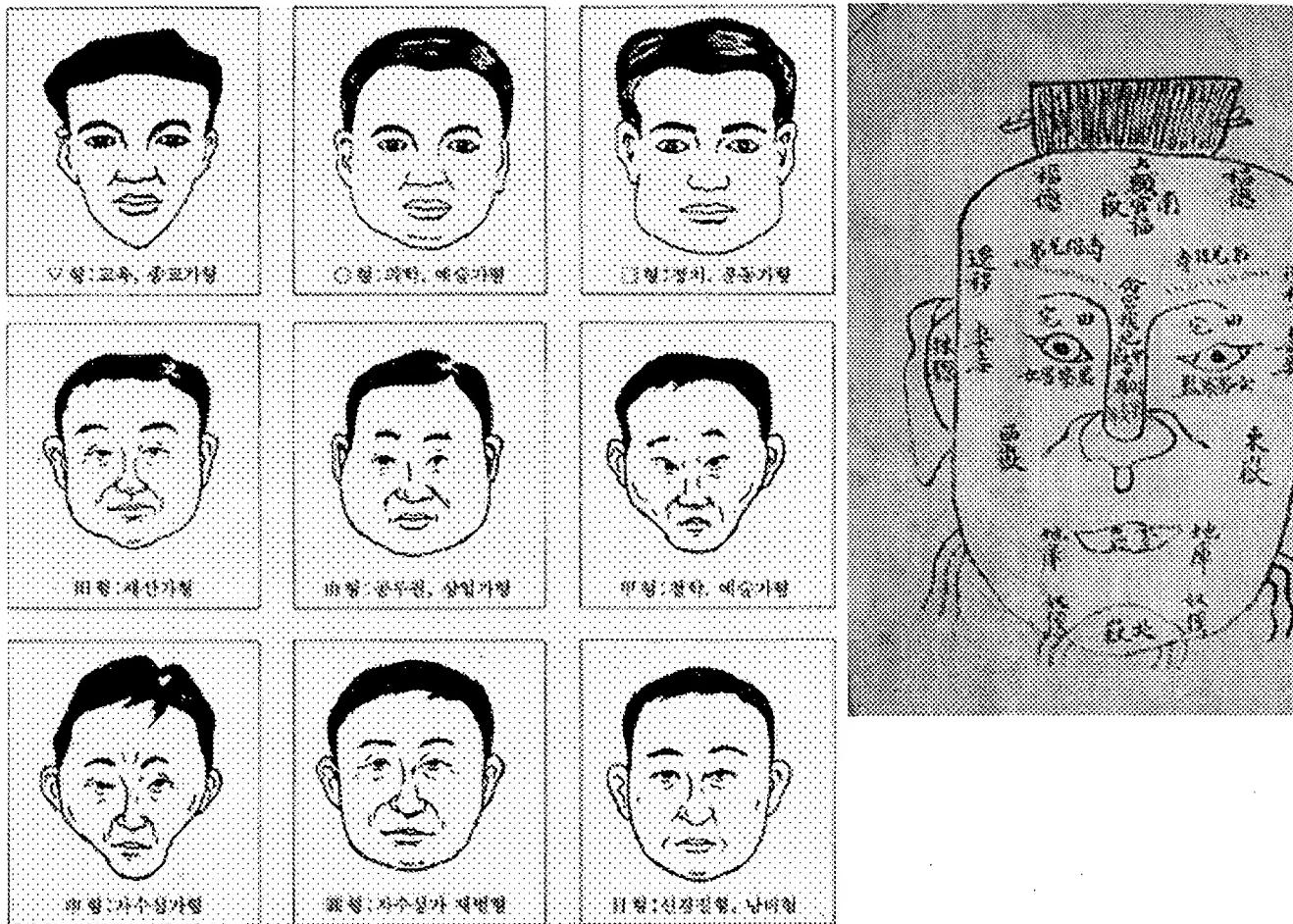


Physiognomy - 12±Δ 3A 8μμ

Physiognomy - ΔA 8μμ

Physiognomy - 12±Δ 5°8μμ

Physiognomy - Classification of face shape



Faces' changes as expression method



Woman



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LOADSTONE

Pronunciation: 'lōwd' stōn

WordNet Dictionary

Definition: [n] a permanent magnet consisting of magnetite that possess polarity and has the power to attract as to be attracted magnetically

Synonyms: lodestone

See Also: magnetic iron-ore, magnetite, permanent magnet, static magnet

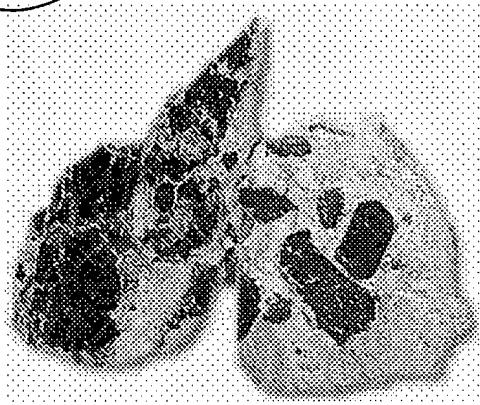
Webster's 1913 Dictionary

Definition: \Load"stone'\, Lodestone \Lode"stone\, n. [Load, lode + stone.] (Min.) A piece of magnetic iron ore possessing polarity like a magnetic needle. See {Magnetite}.

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Minerals: see phlogopite, muscovite, biotite.

Local Occurrence: Bear Lake Occurrence, Davis Hill, Davis Quarry, Diamond Lake Roadcut, Morrison Quarry, Quirk Lake

Description:

The micas are an important group of minerals. They represent the classic phyllosilicate mineral and are usually the first minerals to be thought of from this subclass of the Silicates Class. Micas are significant rock forming minerals being found in all three rock types: igneous, metamorphic and sedimentary. Because thin flakes of mica are generally flexible and brittle, it is surprising how resistant and durable mica crystals can be in withstanding high temperatures and pressures in metamorphic regimes as well as the punishment of erosional environments. The term "mica" is so familiar to the general public that it is often considered a mineral in itself. Of course it is actually a group of minerals and most people who are knowledgeable about minerals know the three most common mica minerals: muscovite, biotite, and lepidolite and perhaps a few of the less common micas glauconite, paragonite, phlogopite and zinnwaldite. The Mica Group is actually a rather large group of minerals with over 30 members. Being true phyllosilicates, all micas are thus composed of sheets of silicate tetrahedrons. The silicate sheets are composed of interconnected six membered rings. These rings are responsible for the micas typical six sided pseudohexagonal symmetry, in actuality they are only monoclinic or triclinic. Each tetrahedron in the rings shares three of their oxygens with three other tetrahedrons and all the tetrahedrons in a given sheet point their unshared oxygen in the same direction. The structure of

[Rutile](#)
[Scapolite](#)
[Serpentine](#)
[Sinhalite](#)
[Sodalite](#)
[Spinel](#)
[Stillwellite](#)
[Thorite](#)
[Titanite](#)
[Tourmaline](#)
[Tremolite](#)
[Uraninite](#)
[Uranothorite](#)
[Vesuvianite](#)
[Warwickite](#)
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micas is stacked like a building with several different layers. Two tetrahedral layers (T) with their tetrahedral points pointing toward each other, sandwich small metal ions such as aluminum in an octahedral layer (O). This tetrahedral-octahedral-tetrahedral (TOT) sandwich is stacked with layers of large cations such as potassium or calcium. This cation layer is known as the interlayer (I) because it is between the TOT sandwich layers. This layer, is needed to balance the formula due to the substitution of the +3 charged aluminum for +4 charged silicones in the T layers. The whole structure can then be illustrated with the following sequence of layers: ...TOTITOTITOTITOTI... The Mica Group minerals are closely associated with the clay minerals. The clays have a similar structure but include brucite and gibbsite layers between their silicate layers. However, often crystals will be intergrown with mica and clay layers forming a composite crystal; as in a few layers of pure biotite and then a few layers of pure vermiculite, then biotite, etc, etc. This type of arrangement in a single crystal is making identification and classification of these minerals extremely complicated and confusing. The mica minerals muscovite, glauconite and illite are often considered clays due to their clay like properties. The general formula for the micas is $A_6T_3(X, Si)_4O_{10}(O, F, OH)_2$. The tetrahedral layers by themselves have a formula of $(X, Si)_2O_5$. In most micas the A ion is usually potassium but can also be sodium, calcium, barium, cesium and/or ammonium. These ions occupy positions in the interlayer I discussed above. The B ion can be either aluminum, lithium, iron, zinc, chromium, vanadium, titanium, manganese and/or magnesium. These ions occupy positions in the octahedral layers O. The X ion is usually aluminum but can also be beryllium, boron and/or iron (+3) and they sit in the center of the tetrahedrons substituting for silicones by up to 50%. There are three major divisions within the Mica Group; The True Micas, The Brittle Micas and the a new division called The Interlayer-deficient Micas. The True Micas have a majority of singularly charged ions in the A position (ions such as potassium and sodium). The Brittle Micas have a majority of doubly charged ions in the A position (ions such as calcium or barium). The Interlayer-deficient Micas, which used to be called the Hydromicas, have fewer I ions than other micas, hence the name. The three divisions can further be divided into dioctahedral and trioctahedral groups. The B ions occupy octahedrally coordinated sites, bonded to six oxygens and two of the extra non-tetrahedral anions (hydroxide, fluorine and/or extra oxygen ions). Dioctahedral micas have two (or less than 2.5) B ions in their formulas, whereas trioctahedral micas have

three (or at least 2.5 or more) B ions in their formulas.

These are the Mica Group Members: The True

Micas: Dioctahedral:

Aluminoceladonite (Potassium Aluminum Magnesium Iron Silicate Hydroxide)

Boromuscovite (Potassium Boro-silicate Hydroxide)

Celadonite (Potassium Iron Magnesium Silicate Hydroxide)

Chromophyllite (Potassium Chromium Aluminum Silicate Hydroxide Fluoride)

Ferro-aluminoceladonite (Potassium Aluminum Iron Magnesium Silicate Hydroxide)

Ferroceladonite (Potassium Iron Magnesium Silicate Hydroxide)

Muscovite (Potassium Aluminum Silicate Hydroxide)

Variety: Fuchsite

Nanpingite (Cesium Aluminum Silicate Hydroxide)

Paragonite (Sodium Aluminum Silicate Hydroxide)

Roscoelite (Potassium Vanadium Aluminum Silicate Hydroxide)

Tobelite (Ammonium Aluminum Silicate Hydroxide)

Trioctahedral:

Annite (Potassium Iron Aluminum Silicate Hydroxide)

Aspidolite (Sodium Magnesium Aluminum Silicate Hydroxide)

Biotite (Potassium Magnesium Iron Aluminum Silicate Hydroxide Fluoride)

Eastonite (Potassium Magnesium Aluminum Silicate Hydroxide)

Ephesite (Sodium Lithium Aluminum Silicate Hydroxide)

Hendricksite (Potassium Zinc Aluminum Silicate Hydroxide)

Lepidolite (Potassium Lithium Aluminum Silicate Fluoride Hydroxide)

Masutomilite (Potassium Lithium Aluminum Manganese Silicate Fluoride)

Montmorillonite (Potassium Iron Manganese Magnesium Aluminum Silicate Fluoride)

Norrishite (Potassium Lithium Manganese Silicate)

Polylithionite (Potassium Lithium Aluminum Silicate Fluoride)

Philogopite (Potassium Magnesium Aluminum Silicate Hydroxide)

Preiswerkite (Sodium Magnesium Aluminum Silicate Hydroxide)

Siderophyllite (Potassium Iron Aluminum Silicate Hydroxide)

Tainiolite (Potassium Lithium Magnesium Silicate Fluoride)

Tetra-ferrimannite (Potassium Iron Silicate Hydroxide)

Tetra-ferriphlogopite (Potassium Magnesium Iron Silicate Hydroxide)

Trilithionite (Potassium Lithium Aluminum Silicate Fluoride)

Zinnwaldite (Potassium Lithium Iron Aluminum Silicate Fluoride Hydroxide)

The Brittle Micas:Dioctahedral:

Chernykhite (Barium Vanadium Aluminum Silicate Hydroxide)

Margarite (Calcium Aluminum Silicate Hydroxide) Trioctahedral:

Anadite (Barium Potassium Iron Magnesium Aluminum Silicate Hydroxide)

Styite (Calcium Lithium Aluminum Beryllium Silicate Hydroxide)

Clintonite (Calcium Magnesium Aluminum Silicate Hydroxide)

Kinoshitalite (Barium Magnesium Aluminum Silicate Hydroxide)

The Interlayer-deficient Micas:Dioctahedral:

Brammallite (Sodium Aluminum Silicate Hydroxide)

Glauconite (Potassium Sodium Iron Aluminum Magnesium Silicate Hydroxide)

Illite (Potassium Aluminum Silicate Hydroxide) Trioctahedral:

Wonesite (Sodium Magnesium Aluminum Silicate Hydroxide)

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Common sense in health.

» 건강상식

Common sense in Health

>>> Ultra-magnetic wave

The ultra-magnetic wave is generated by altering the bipolar speed at the speed of times in one second and influence nerve system of the human body by penetrating everything such as glass, fiber, stone and rubber.

It's called as the ultra-magnetic wave considered as the longest magnetic-wave in showing the fluctuating magnetic-wave altering the intensity of magnetic waves at period by time.

The efficacy of the ultra-magnetic wave is stated as below

- Solidifying the reproduction power of cell by assisting the magnetization of carbon, oxygen, manganese, and iron of human organism
- Assisting the improvement of the circulation of blood to human body
- Painkilling effect and Inflammation removal by strengthening immunity power

>>> Anion



A minute particle having electric character is called ion and divided into a positive negative ion. Generally, the positive ion is existed in polluted air, and the negative ion is mountain or beach valley distribution.

It's saying the basic constitution in case that a number of negative ion are contained saying the acid constitution in case that a number of positive ion are existed in human. The negative ion remedy of the KM is that the constitution of blood convert into base increasing the amount of Ca, Na. ionization in blood. The effect of the negative ion is as below.

- Accelerating the excretion of waste matters accumulated inside the human body by the neutralization of odor
- Maintenance of the optimum humidity in human body
- Balance of the nutrition supply inside the human body and improvement of the metabolism
- Improvement of the resisting power inside the human body
- Improvement of the blood circulation

>>> Alumina

Alumina materials utilized in KM is the product after the plastic process for 2 days in temperature of 1650°C using rubber materials and high-purity alumina(99.6%) lower than 5µm.

Our product is the high-technology product having the characteristic of the high breaking strength by the outstanding heat-transferring temperature as discharging the far infrared for the creatures which is beneficial to the human body as the high-quality product produced and selected strictly by the authoritative Sumipomo Co., japan, in the world.

Also our product is non-polluting product removed the harmful chemicals such as lead, cadmium in high plastic temperature

>>> Germanium

German physicist Winkler, Clemens Alexander succeeded in separating the chemic elements and the name of Germanium was name after the Germanium.

The efficacy is stated as below

- The supply function of the oxygen
 - Functioning as the catalyzer material of oxygen assisting efficient application of oxygen
- The effect of negative ion
 - Cure of many types of illness by making the cellular flowing smooth
- Improvement of the resisting power in human body
 - Elimination of the disease-causing germs getting into the human body
- The promoting effect of the endorphin generation

>>> Elvan

Elvan is named after the shape of "boiled barley".

Elvan is distributed around the island and land of the north-sea area in Korea.

Elvan is the aggregate of 45 types of mineral as the lump formed from tuff after all materials in the sea, such as mud, seaweeds of the submarine layer, shellfish, and been accumulated for billions of years

The efficacy is stated as below

- Effect on air-purification and preservation function due to the sufficient contained amount of oxygen.
- Effect on the metabolism and the skin health by eluting mineral
- Removing effect on toxic substances, Disintegrating effect on heavy metal
- Generating effect of the far infrared ray
- Purifying effect of water by alkalizing the water quality

>>> Charcoal

Charcoal is a carbon lump before the stage of ashes as a black lump made by baking charcoal kiln.

The effect of charcoal is stated as below

- Preservative Effect
 - Non-effected by microorganism or mold
- Filtering effect
 - Filtering the polluted air or polluted water
- Humidity-controlling effect
 - Maintenance of the optimum humidity
- The generation of the Anion
 - Supplying the clean air and Recovering the fatigue by generating the anion
- Interception of the harmful electro wave/radiation
 - Absorption & Extermination of emitted electro-wave
- Odor elimination effect
 - Eliminate the origin of odor by controlling the putrefying bacteria

- Treasure chest of Mineral
 - Natural mineral absorbed from the soil is concentrated in charcoal
- The generation effect of the far infrared ray
 - Emission of the far infrared ray called as the light of life
- Beauty culture effect
 - Healthy skin by the natural mineral

>>> Far infrared ray

The far infrared ray is a ray supplying the heat energy of the long wavelength and w
used in the dry-heating, warm-heating remedy, and the inside materials for the cons
and also have a effect on economizing heating energy due to the direct and instanta
flowing of the heat.

Owing to these effects, it's called as the light of the life.

The efficacy is stated as below

- Sweating & warm-heating effect of the human body
- Accelerating the excretion of waste matters accumulated inside the human b
the neutralization of odor
- Maintenance of the optimum humidity in human body
- Promotion of the blood circulation
- Painkilling

>>> Jade

Jade contains the necessary matters such as mineral matters, calcium and magnes
human body.

Among these matters, magnesium occupy 40% of the jade as the constitutional
ingredient of chlorophyll.

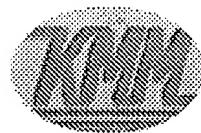
As Jade is the most precious jewel in the orient, the representative type is nephrite,
others are topaz, quartz jade. etc.

Jade have been used in accessories for the health since the constitution of jade is s
the wavelength of the human body, and also settle down the brain due to the droppi
function of the heat if the patient of high-blood type wear jade.

The fomentation by jade have the epochal efficacy in relieving the fatigue and short
sleeping time by improving the metabolism and expanding the capillary.

As the far infrared ray of jade penetrate 80 times more than general warm-heat into i
the circulation of blood get flourshed.

As jade heat the inside of the human body and has the effect on the spinal remedy,
function of prevention is excellent in cancer, waist-disk, various types of the disease
people.



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Health (the span of life)

It is very dangerous to tell the length of human being's days.

But when the destiny seems to become bad, you have to avoid the bad stream of the fate. That's the best way.

Long time ago, a wise man named Dongbangsuk, lived three thousand sexagenary cycle. It's a surprise. Actually, most people can't live 100 years though human beings can live for 120 years. That's a matter of circumstances and one more, they did not try to predict and prepare for their futures.

Human being's fate is influenced by Wood, Fire, Earth, Metal, Water
(= the five primary substance) and "Yin" & "Yang" (the negative & positive principle in nature).

For example, If someone has a Wood for his sign, he should be afraid of Metal luck flow. Because wood can be cut by metal. And be careful about fire luck flow. The Fire can burn up the Wood.

It could be also applied to your health.

If your sign is Earth, when you meet the Wood luck flow, possibly you come to have a stomachache.

In human's life, the whole reason is affected by five primary substance and "Yin" & "Yang".

So, If you understand this principles, you can make preparations and protect yourself from the bad luck.

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Karma: 3
Canada

The first five element system is Chinese in origin. It is called earth-metal-water-wood. This system is used to describe a change in energy). Such as the seasons, or it is an extremely effective tool, but like any system, it does have text the "Nan Ching" if anyone is interested and already very DID NOT include the yin/yang (in/yo in Japanese) theory. The go-gyo system was later added together with it. I forgot that I can look it up later when I have more time.

This is all tied in with Japanese Onmyodo, the ten stems, that. I think I wrote something about that earlier (about the Anyywho...)

The second system is Tibetan in origin and came to Bujinkan go-dai in Japanese but others have told me that Soke often uses a play on words (confusing huh!). This system can be states of fluxation compared to the Chinese system, yet the earth (solids), water (liquids), fire (ki), wind (gases), ku (representations of energy and states because everything is (please don't make me get into how one system can change).

You could make all kinds of comparisons with the two. Say engine (earth), the gas (fire and water), the air from the fire (wind), the very subatomic particles from which comes everything (exchange of energy and the different processes the engine goes through from explosion to mechanical motion, the friction and heat creates).

There are different views on exactly how the two are related, independent of each other and were never really meant to be thought.

Anyways, I am off to bed, but I hope this gives you a general information in basic relation to the Bujinkan, Hayes is unfortunately out some of his books. I also think there is an old Ura and it tickled my brain about the engine thing (I was gonna use it).

PS, I agree on the vibration thing. Sooo many ways to look at it to understand BUT like any tool, it has its limitations. Don't let

TTFN, Eric Vander Wal

"And maybe some things are that simple"

 2003/11/17 16:47

mach5
Myorikiji


Joined: 2003/2/2
Posts: 77
Karma: 3
Canada

 Re: The 5

Oh yeah, about the counting. No, I have never heard that Chinese books available as part of my school studies. But you do hear about cryptically/ or in reference to something else. And you hear about the numbers and the Chinese go-gyo system. I think many Japanese books mention the calendar of Japanese Onmyodo.

But it's a little more round about than wood is 4.

See [here](#) for some basic info on the calendar.

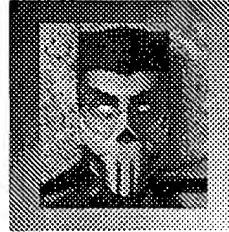
[TTFN, Eric Vander Wal](#)

"And maybe some things are that simple"

[2003/11/17 17:10](#)

theunknowndude

Rikuji



Joined: 2003/8/14

Posts: 21

Karma: 1

Adelaide

[profile](#)

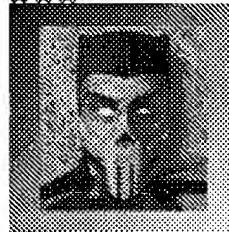
[the 5](#)

interestingly enough, if you can't find anything, refer to the "tradition" by Soke gives a very detailed explanation on the insight into the "tool", especially when I first looked at what the name then it takes on a different level (though there are the surface) the systems are go dai (five elemental man: wind, fire, water, earth) and go gyo (five primary elements: fire, wood, metal) hope that added a little bit further information

[2003/11/17 17:27](#)

theunknowndude

Rikuji



Joined: 2003/8/14

Posts: 21

Karma: 1

Adelaide

"fear is the mind killer..."

Tim Wise

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[Re: the 5](#)

ahhh yes should have added that this is more of a "what it is" people like Eric are more suited to answer historical questions

"fear is the mind killer..."

Tim Wise

[2003/11/17 17:33](#)

Kizaru

Rikuji



Joined: 2003/2/3

Posts: 25

Karma: 1

松戸市、日本

[profile](#) [karma](#) [posts](#)

[Re: Five elements](#)

To the best of my knowledge,

1) In Gyokko ryu we have Earth, Water, Fire, Wind, Void/Space. In Togakure ryu we have Earth, Water, Fire, Wood, Metal. There's an Ura side to each as well.

2) Personally, I've never heard of chi, sui, ka... being used. Check your source or reference it against two other reliable

鬼猿

[profile](#) [karma](#) [posts](#)

[2003/11/17 22:07](#)

Toranoko

Myorikiji



Joined: 2003/2/1

Posts: 70

Karma: 1

Northeast Pa, USA

Re: Five elements

Your first question has been covered quite nicely by others that Mikkyo -- specifically Tendai Mikkyo -- has Six elements that the Godai is a subset of the Rokudai.

"Counting Device" -- I've heard that as well, but I've come across inaccurate translation. The best example I could give of this is that Musashi was well versed in several spiritual traditions but himself -- a fact he clearly states in his prelude -- and he understood why he arranged his book in the sequence that he found the Godai to be very useful in arranging his material to understand the strategies it contained.

Now it's quite true that many people like to consider this "counting device" -- however to say this is to ignore Musashi's own words -- that instead of counting, and once one accepts that fact certain things become evident.

Now, for the record, there are (at least) two different arrangements: sequential and "complementary opposites". In the first the Void. Take a look at the "Japanese Lantern" and you will see what I mean. The second has the "oppositional" elements -- Earth, Water, Fire, Wind, Void in the middle balancing things out. These two arrangements complement each other, they are not the same.

Hope this helps.

John C. Price

<http://www.gyokko.com>

**RE: The Five Elements**

Hi John,

Good point, Musashi didn't use the godai arrangement as a counting device but had a much deeper significance directly linked to both the Hosokawa-han. However, Miyamoto Musashi was actually "explaining" his techniques using religious terminology in the context of the Hosokawa-han), which is what he meant in the introduction.

Jason Jennings

**Hehehe...**

I have heard from Hatsumi Sensei himself as well as more reliable sources that the Godai was used as a counting or listing device. Every time they all point to the Godai element. And every time, this was mentioned in the context of the authenticity of Steve Hayes' use of the five feelings and the five elements. I remember them saying it was like listing something as in, "The five elements are Water, Fire, Earth, Wind, and Void."

Ask one of the Japanese.

I'll have to check my copy of the Gorin no Sho when I get home.

"SHUT UP AND TRAIN!!!!" Hatsumi So'Ke 87' when asked v
Shido'shi James Garcia (Mikey, Slimey Jaime, Hentai Jaime

□ 2003/11/19 7:35



Goto page (1 | 2 Next Page)

Hosted in Chiba-ken, Japan, by a Canadian Bujinkan Budo Taijutsu addict.

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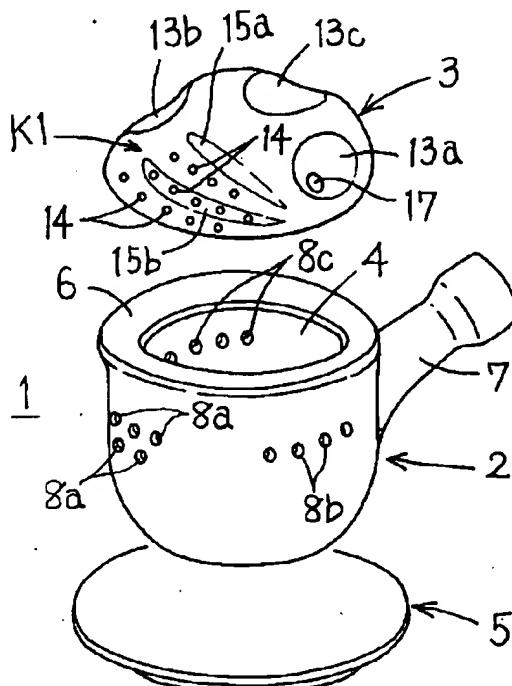
(54)【発明の名称】 温灸装置

(57)【要約】

【課題】 使い勝手が良く、温度調節可能で、薬効成分の浸透作用をも利用し得る温灸装置を得ること。

【解決手段】 全体を陶器により形成された温灸装置

(1)であって、上面開口円筒状容器(2)の側面に取手部(7)を設けると共に、容器(2)に薬草煙通気用の通気孔(8a～8c)を形成し、容器(2)内底部(2a)に薬草係合用の突起(10)を設けて薬草収納部(9')を形成し、容器(2)の上面開口部(4)を閉鎖し得る蓋(3)を設け、蓋(3)に薬草煙通気用の通気孔(14)と温度調節用の透孔(17)を設ける。



(5)

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